

# 2018 EASTERN STATES OPTOMETRIC CONGRESS

## Program

### SATURDAY OCTOBER 27, 2018

#### 12:00 - 12:30pm

Registration and Welcome

#### 12:30 - 3:00pm

Dr. Jen Simonson  
*Vision Therapy Activities  
for Pre Schoolers*

#### 3:00 - 3:40pm

Break/Exhibit Hall

#### 3:40 - 4:30pm

Dr. Sarah Lane  
*Birth as a Significant  
Developmental Event*

#### 4:30 - 5:20pm

Dr. Sarah Lane  
*Meaningful Moves  
Enhancing Vision*

#### 5:20 - 6:20pm

Happy hour/Cash bar

#### 6:20 - 8:00pm

Regional COVD study group  
Dinner and discussion

Come prepared with  
either 1 VT technique or  
1 practice management pearl

#### 8:00 - 11:00pm

Hospitality suite

### SUNDAY OCTOBER 28, 2018

#### 8:00 - 8:30am

Registration

#### 8:30 - 10:10am

Drs. Esther Han and  
Ilana Gelfond Polnariev  
*Using the Functional Color  
Fields Test in the Management  
of Functional Vision Deficits*

#### 10:10 - 10:40am

Break/Exhibit Hall

#### 10:40 - 11:30am

Dr. Jen Simonson  
*Pre School Vision Exam*

#### 11:30am - 12:20pm

Dr. Jen Simonson  
*Vision Training Using Monocular  
Fixation in a Binocular Field*

#### 12:30 - 2:00pm

Lunch (included)/Exhibit Hall

#### 2:00 - 2:50pm

Dr. Sarah Lane  
*Trends in Children's Health*


#### 2:50 - 3:40pm

Dr. Sarah Lane  
*High Yield Home Exercises  
in Vision Therapy*

#### 3:40 - 4:30pm

Dr. Esther Han  
*Current Case Presentations  
in Functional Vision Care*

## Comprehensive 2-Day Seminar

- This program qualifies for 14 credit hours toward COVD Continuing Education requirements.
- 12 hours of COPE approved continuing education. 
- Regional CODV Study Group Dinner Sat Night - 2 Hours of COVD CE
- Come for either day, or the weekend.
- Register in advance, email required. Handouts will be sent either via email or by download from our website. No handouts will be available at the conference.

## 2018 EASTERN STATES OPTOMETRIC CONGRESS

PRESENTS

**Dr. Jen Simonson  
Dr. Sarah Lane  
Drs. Esther Han and Ilana Gelfond Polnariev**  
Case Presentations

## Baby Steps to Vision

**Saturday & Sunday  
October 27 & 28, 2018**

CROWNE PLAZA HOTEL - WHITE PLAINS, NY

12 HOURS OF COPE APPROVED CONTINUING EDUCATION



OPTOMETRIC EXTENSION PROGRAM  
FOUNDATION

[www.oepf.org](http://www.oepf.org)



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This meeting is held under the auspices of the  
Optometric Extension Program Foundation

# Speakers

## Jennifer S. Simonson, OD, FCOVD



Jennifer S. Simonson, OD, FCOVD is the clinical director of the Boulder Valley Vision Therapy Center. She is a graduate of the Ohio State University College of Optometry and a Fellow of the College of Optometrists in Vision Development (COVD). She is currently serving on the International Examination and Certification Board (IECB). Dr. Simonson is a member of the Colorado and American Optometric

Associations and the Optometric Extension Program Foundation. Dr. Simonson was the recipient of the 2007 Colorado Young Optometrist of the Year Award. Her primary interests in practice include pediatric vision care, vision therapy, sports therapy, and vision rehabilitation. Dr. Simonson is the author of several picture books for children about vision therapy: My Perfect Vision, My Double Vision and My Jumbled Vision.

## Dr. Sarah Lane



Dr. Lane graduated Summa Cum Laude from the University of Vermont with a degree in Medical Laboratory Science. She worked for a short time in the clinical chemistry laboratory at Fletcher Allen Healthcare before beginning studies at the Pennsylvania College of Optometry. She is a 2005 graduate of the Pennsylvania College of Optometry and completed the Vision Therapy and Rehabilitation Residency at the SUNY Optometry in 2006.

Dr. Lane has completed several courses with the Masgutova Institute on Neurosensorimotor Reflex Integration. She is a certified Kripalu Yoga Instructor and has been certified in HypnoBirthing Childbirth Education through the HypnoBirthing Institute.

Dr. Lane founded a community resource center, Natural Beginnings, Resources for Growing Families, integrating her interests in living a natural, holistic lifestyle with her love of developmental optometry. She developed her Meaningful Moves™ program to empower parents to provide home-based opportunities for sensorimotor development from birth through childhood. Currently, she sees patients in her Vision Therapy and Rehabilitation-only practice, the FOCUS Center for Vision and Learning, in Spring Lake, NJ.

## M.H. Esther Han, OD, FCOVD, FAAO



Dr. M.H. Esther Han is a full-time Associate Clinical Professor at the SUNY College of Optometry. She works with optometric residents and interns in the Vision Rehabilitation Service. Dr. Han is well-published and has lectured internationally in the areas of vision therapy and neuro-optometric rehabilitation.

Dr. Han received her Bachelor of Arts in Neurobiology and Behavior from Cornell University. She earned her Doctor of Optometry degree from the SUNY College of Optometry and subsequently completed a Residency in Vision Therapy and Rehabilitation at the SUNY College of Optometry. Dr. Han attained her fellowships in the College of Optometrists in Vision Development (COVD) and in the American Academy of Optometry (AAO). Dr. Han is a member of committees in COVD and the Eastern States Optometric Congress (ESOC).

## Ilana Gelfond-Polnariiev, OD, FCOVD



Dr. Ilana Gelfond-Polnariiev is a 2002 graduate of Pennsylvania College of Optometry at Salus University. She completed her residency in Vision Therapy and Visual Rehabilitation from State University of New York (SUNY) College of Optometry in 2003. She was the first recipient of the Dr. Martin Birbaum Award for outstanding knowledge and skills in behavioral optometry. Dr. Gelfond-Polnariiev is an Associate Clinical Professor at SUNY College of Optometry. She continues serving

the institution by supervising and teaching an externship program relating to pediatric vision and vision therapy for children and adults.

Dr. Gelfond-Polnariiev is an owner of NYC Pupil practice in Staten Island, NY. Dr. Gelfond-Polnariiev provides full scope optometry with emphasis on pediatric vision therapy and adult rehabilitation. She has recently published her first book, ABC's of How You and I See.

## Hotel Information

### Crowne Plaza- White Plains

66 Hale Avenue  
White Plains, N.Y.  
Phone: 914-821-1334  
www.cpwestchester.com

Rooms have been secured for \$139 per night until 9/27/2018. Rates increase dramatically and are subject to availability after that date. Mention that you are with the Eastern States Optometric Congress to get special rate. Reservations must be made on your own.

2018 Eastern States  
Optometric Congress

OCTOBER 27 & 28, 2018  
CROWNE PLAZA, WHITE PLAINS, NEW YORK

## Registration

Please complete a separate form for each registrant.

You can register online with paypal at [www.esocvt.com](http://www.esocvt.com)

Name \_\_\_\_\_

Address \_\_\_\_\_

City State \_\_\_\_\_ Zip \_\_\_\_\_

Email address \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

## FEES

Circle the category and fee that apply

	Saturday Only	Sunday Only	Full Conference
OEP Member	\$165	\$260	\$360
Non OEP Member	\$205	\$300	\$415
2018 graduate; O.D. retiree	\$100	\$165	\$200
2017 graduate	\$145	\$240	\$320
Optometric students, residents, technicians	\$100	\$165	\$200

Students and residents please contact Esther Han ([mhan@sunyopt.edu](mailto:mhan@sunyopt.edu)) for scholarship information.

Please add \$30 to above registration fees for late registration after 10/1/2018

Registration fee (from above).....\$ \_\_\_\_\_

Late Registration (after 10/1/2018) .....\$ 30

I will be attending the  
COVD STUDY GROUP dinner (Yes / No) .....\$ 63

I would like to contribute to the student fund  
(fund to subsidize student attendance at meeting) .....\$ \_\_\_\_\_

**TOTAL**

Please make checks payable to:  
**Eastern States Optometric Congress**

Mail this form along with check payment to:

**Dr. Paul Bernstein**  
**Family Vision Care Associates**  
**701 Westchester Avenue**  
**White Plains, New York 10604**