

# Famous Statements as compiled by Robert A. Kraskin, OD

Editor's Note: Over the years, Dr. Kraskin compiled these quotes. One from the list was posted in the VT space and was changed periodically. This list was added to over time. The quotes were not sourced on the list with specific citations. Their purpose was to inspire.

AM Skeffington, OD, DOS, LHD, "He who is unstable in visual space is insecure in his ego."

James G. Taylor, PhD, "The visual world and the gravitational world are inseparable components of unified perceptual world."

Arnold Gesell, MD, PhD, "Vision is the dominant factor in human development."

DB Harmon PhD, "A child reproduces what he sees and he learns what he reproduces."

Gordon Wells, PhD, "Vision is the product of a very simple eye and a very complex brain."

GN Getman, OD, "If a child sees 'distorted' he reproduces 'distorted', and he therefore learns 'distorted'."

AM Skeffington, OD DOS, LHD, "Vision: Information processing in an illuminated environment."

DO Hebb, PhD, "Mental life is motor life."

Samuel Renshaw, PHD, "Seeing is motor-seeing learned."

DB Harmon, PhD, "The organism grows along the line of stress to reduce stress."

S Howard Bartley, PhD, "Visual discomfort arises when visual achievement is lower than that satisfactory to the organism."

CH Herrick, PhD, "Motility is the seedbed of mentation."

VI Shipman, PhD, "Stress constricts the perceptual field – the child sees less, observes, less, learns less, remembers less, and becomes generally less efficient."

Luci Johnson, "If the key to a better society is education, then the key to better education is better vision. If you don't have that key, you can't open the door to a better life."

Chinese Proverb: "I hear, and I forget. I see, and I remember. I do, and I understand."

GN Getman, OD, "The ultimate in mental ability is the results of the ultimate in motor ability."

Rudolf Arnheim, PhD, "Seeing is the Perception of Action."

DB Harmon, PhD, "The place played by posture and movement in visual processes cannot be ignored in constructing a satisfactory conceptual model of VISION."

DB Harmon, PhD, "The mechanisms for posture and movement are just as much a part of the visual system as are the ocular and ocularly-related structures."

Ward Halstead, PhD, "By studying vision, we are not going from vision to intelligence. We are studying one and the same process."

Robert A. Kraskin, OD, "Vision is the dominant expression of human behavior."

Jean Piaget, PhD, "Knowledge is derived from ACTION."

EB de Condillac (1754), "Without active movement, vision would remain forever nonspatial."

Alan Allport, PhD, "Perceptual systems have evolved solely as a means of guiding and controlling action, either present or future."

Eleanor J Gibson, PhD, "Learning in the growing organism is the crowning example of plasticity and adaptation."

Eleanor J Gibson, PhD, "Perception is our basic mechanism for keeping in touch with the world."

Bonnie Bainbridge Cohen, BS, "The body is the instrument through which the mind is expressed."

Pablo Picasso, "Why assume that to look is to see?"

Bruce Wolff, OD, "A Visual Problem is less than optimal operation of a person due to less than adequate utilization of the light-related energies for that person."

Arnold Gesell, MD, PhD, "So interfused are VISION and Action systems, that the two must be regarded as inseparable."

Arnold Gesell, MD, PhD, "To understand VISION, we must know the child; to understand the child, we must know the nature of his VISION."

Sherlock Holmes, "I see no more than you, but I have trained myself to notice what I see."